

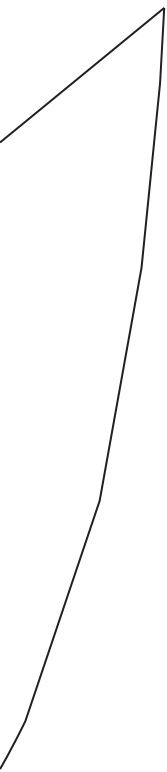


WELLNESS SPA

TREATMENT MENU

THE WELLNESS SPA TREATMENT MENU
(All treatments delivered by certified spa professionals)
APPOINTMENTS: (+233) 50 735 6122 / 24 573 0793
Instagram: w_institute

Giving you the gift of wellbeing



Our story begins in Ghana and takes you on a sensory journey through Africa! Our spa treatments draw from innovations in modern science and Africa's traditions which focuses on being in harmony with nature. At Wellness Spa, our goal is to deliver results that leave you feeling energized and in harmony. We look forward to sharing with you the essence and benefits of an authentic African spa experience that harnesses modern science to improve your wellbeing.

MASSAGE THERAPIES

Banish your stress with our bespoke therapeutic massages. Rejuvenate your mind, body and soul.

MAJESTIC AWAKENING (head, neck & shoulder)	40 min	GH¢200
GHANA SHEA/BAOBAB MASSAGE	90min	GH¢250
AFRICAN AROMATHERAPY MASSAGE (VIGOUR, PEACE, EARTH, STORM)	90 min	GH¢250
GHANA SHEA AROMATHERAPY MASSAGE (RECHARGE)	90min	GH¢250
AKWAABA MASSAGE	90min	GH¢300
AFRICAN WOOD MASSAGE	90min	GH¢300
HOT STONE MASSAGE	90min	GH¢350
INDIAN HEAD MASSAGE	60min	GH¢200
W SPA SIGNATURE MASSAGE (Cranial Sacral & Detox)	120min	GH¢400
THAI ORIGINAL MASSAGE	60min	GH¢250
THAI OIL MASSAGE	90min	GH¢300
THAI FOOT AND BACK MASSAGE	90min	GH¢300
PRE-NATAL MASSAGE	60min	GH¢300

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SIGNATURE BODY TREATMENTS

Our signature body treatments are based on Africa's rich active ingredients, traditions and science.

AFRICAN BODY SCRUB (GERANIUM OR PINE)	45min	GH¢100
LYMPHATIC DRAINAGE BODY WRAP	90 min	GH¢350
DETOX BODY WRAP	90 min	GH¢300
ANTI-CELLULITE BODY WRAP	90 min	GH¢250
DEEPTISSUE MASSAGE	90 min	GH¢300

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FACIAL THERAPIES

Our curated facials deliver the results you desire and provide you with the perfect skin maintenance treatment to hydrate, re-balance, nourish and stop time in its tracks. Each of our treatments can be further enhanced with eye, hand, foot or scalp treatments for the ultimate indulgence therapy. Book your free skin consultation as a first step!

WELLNESS FACE GYM	30 min	GH¢150
REPECHAGE OPTFIRM & BRIGHTEN EYE CONTOUR	30 min	GH¢50
DERMALOGICA BALANCING FACIAL	60 min	GH¢450
DERMALOGICA HYDRATING FACIAL	60min	GH¢450
REPECHAGE 4-LAYER HYDRATING FACIAL	60min	GHC450
REPECHAGE VITA CURA 5 PHASE FIRING FACIAL	60min	GHC450
REPECHAGE HYDRA MEDIC FACIAL	60min	GHC450
REPECHAGE CLASSIC FACIAL	60min	GHC300
DAILY ACTIVE FACIAL FOR MEN	60min	GH¢300

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HANDS AND FEET THERAPIES

No spa treatment is complete without pampering your hands and feet! Visit our official CND Shellac Studio.

CLASSIC SPA MANICURE	60min	GH¢120
EXPRESS MANICURE	30min	GH¢70
CLASSIC SPA PEDICURE	60min	GH¢150
EXPRESS PEDICURE	30min	GH¢80
SPA HANDS & FEET MASK TREATMENT	30min	GH¢50
CND SHELLAC POLISH	30min	GH¢80
CND SHELLAC POLISH CHANGE (without cuticle work)	50min	GH¢120
ORGANIC GEL POLISH	30min	GH¢80
ORGANIC GEL POLISH CHANGE (without cuticle work)	50min	GH¢120
DETOXIFYING CALABASH FOOT TREATMENT	45min	GH¢120
STICK ON NAIL	30min	GH¢60
SOAK OFF (ACRYLIC)	30min	GH¢50
SOAK OFF (GEL)	15min	GH¢30
ACRYLIC NATURAL TIP (minus polish)	60min	GH¢100
ACRYLIC REFILL	60min	GH¢70
FRENCH TIPS	60min	GH¢40
FAUX DIAMONDS		GH¢5 per diamond

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WAXING/GROOMING THERAPIES

Eyebrow/Lip/Chin Wax	10min	GH¢30
Underarm Wax	10min	GH¢50
3/4 Arm Wax	20min	GH¢50
Full Arm Wax	45min	GH¢120
3/4 Leg Wax	30min	GH¢100
Full Leg Wax	45min	GH¢180
Back/Chest Wax	30min	GH¢180
Bikini Wax	20min	GH¢90
Eye brow/Lash tinting	15min	GH¢30



SPA PACKAGES:

HALF DAY (Maximum of 2 two treatments)

Massage, facial, manicure, pedicure, light snack

3hrs

GH¢800

FULL DAY

Body wrap or scrub, massage, facial, manicure, pedicure, special snack

5hrs

GH¢1,200

BRIDAL PACKAGE

Bridal hair, mini spa facial, bridal make-up, manicure, pedicure (bride only)

GH¢2,500

BRIDE'S MAID PACKAGE

Bridal hair, bridal make-up, manicure, pedicure (per maid)

GH¢1,800

GIFT VOUCHERS

*These can be purchased in person or using mobile money **0549198074**. Please note that gift vouchers are non-refundable and cannot be exchanged for cash.*

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MASSAGE THERAPIES: SPA TERMS AND CONDITIONS:

Arriving at the Spa

For your best experience, arrive ten to fifteen minutes prior to your appointment to give you time to unwind, complete forms, and enjoy a cool beverage before start of treatment.

Children

Children ages 8 to 17 are allowed in the spa by appointment only and must be accompanied by an adult during their visit.

Cell Phones

Our spa is a place of peace and tranquility, designed to provide a relaxing experience. As such, please ensure that cell phones and other devices are turned off and conversations are kept to a minimum volume to maintain the serenity of the atmosphere.

Health

To maximize the benefits of the spa experience, guests should inform the therapists of any health issues, allergies or injuries that may make the treatment unsuitable. The therapists are happy to advise safer alternatives.

Jewelry

It is advised not to wear jewelry to the spa. Management is not responsible for any loss or damage to personal items and valuables during the visit.

Pregnancy

The spa offers specially designed treatments for expectant mothers. The therapists are available to assist in selecting suitable treatments for this special time. We do offer first trimester treatments, however a doctor's note is required.

Cancellation Policy

We value your business and appreciate your co-operation with our cancellation policy. Please respect our scheduling by keeping appointments whenever possible and providing a minimum of 24 hours notice when canceling or rescheduling appointments.

Cheque Payment

Account name for cheque is W INSTITUTE GHANA LTD.

Wellness Spa reserves the right to amend or update these prices at any time.

Contact Us:

Mobile: (+233) 50 735 6122 / 24 573 0793

Website: www.w-institute.com

Email: info@w-institute.com

Facebook: [WellnessInstituteGhana](#)

Instagram: [w_institute](#)